


OCTOBER

Breakfast / Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>JUICE AND MILK OFFERED DAILY AT BREAKFAST *****</p> <p>SALAD BAR AND MILK OFFERED DAILY AT LUNCH</p>	<p>1 NO SCHOOL</p>	<p>2 French Toast Sticks Sausage Links Fresh Strawberries ***** Orange Chicken Savory Brown Rice Oriental Blend Veggies Fresh Strawberries Fresh Pineapple</p>	<p>3 Biscuits & Sausage Gravy Fresh Grapes ***** Chicken Fried Steak Mashed Potatoes/ Gravy Seasoned Peas Fresh Grapes Mandarin Oranges Roll/ Honey</p>	<p>4 Breakfast Pizza Strawberries & Bananas ***** Crispy Chicken Salad Mixed Vegetables Strawberries & Bananas Mandarin Oranges Jell-O</p>	<p>5 Pancake on a Stick Diced Mango ***** Pig in a Blanket Hash Brown Buttered Broccoli Diced Mango Pineapple Chunks</p>	<p>6 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p>	
7	<p>8 Belgian Waffle Sticks Sausage Links Fresh Apple Slices ***** Hamburger on Bun Potato Wedges Baked Beans Fresh Apple Slices Strawberries</p>	<p>9 Breakfast Burrito/ Salsa Mandarin Oranges ***** Creamy Chicken Tetrazzini Monterey Blend Mandarin Oranges Pineapple Chunks Roll</p>	<p>10 Western Omelet Quesadilla Fresh Blueberries ***** Frito Chili Pie Cut Corn Fresh Blueberries Sliced Peaches Jell-O</p>	<p>11 Scrumptious Coffeecake Rosy Applesauce ***** Hard Shell Beef Taco Refried Beans Spanish Rice Tortilla Chips/ Salsa Fresh Cantaloupe Rosy Applesauce</p>	<p>12 Breakfast Pizza Mixed Fruit ***** Tater Tot Casserole Mixed Vegetables Honey Dew Melon Mixed Fruit Roll/ Jelly</p>	13	
14	<p>15 French Toast Sticks Baked Ham Patty Strawberries ***** Popcorn Chicken Bowls Cut Corn Strawberries Tropical Fruit Salad Biscuit/ Honey</p>	<p>16 Ham & Cheese Omelet Toast/ Jelly Fresh Apple Slices ***** Super Nachos Refried Beans Black Bean Salad Fresh Apple Slices Fresh Grapes</p>	<p>17 NO SCHOOL</p>	<p>18 NO SCHOOL</p>	<p>19 NO SCHOOL</p>	20	
21	<p>22 Biscuits & Sausage Gravy Strawberries & Bananas ***** Baked Ham Scalloped Potatoes Broccoli & Cauliflower Cherry Crisp Strawberries & Bananas</p>	<p>23 Breakfast Burrito/ Salsa Diced Mango ***** Pulled Pork Sandwich Curly Fries Baked Beans Diced Mango Fresh Apple Salad</p>	<p>24 Blueberry Coffeecake Fresh Grapes ***** Beef Lasagna Garlic Bread Normandy Blend Fresh Grapes Pineapple Tidbits</p>	<p>25 French Toast Sticks Sausage Links Rosy Applesauce ***** Chicken Quesadilla Tortilla Chips/ Salsa Refried Beans Rosy Applesauce Tropical Fruit Salad</p>	<p>26 Ham & Cheese Omelet Toast/ Jelly Fresh Oranges ***** Taco Pizza California Blend Fresh Oranges Mixed Fruit Jell-O</p>	27	
28	<p>29 Breakfast Burrito/ Salsa Strawberries ***** Hamburger on Bun Tater Tots Baked Beans Strawberries Sliced Pears</p>	<p>30 Breakfast Pizza Diced Mango ***** Chicken & Noodles Mashed Potatoes Peas & Carrots Diced Mango Pineapple Chunks Roll</p>	<p>31 Biscuits & Sausage Gravy Fresh Apple Slices ***** Meatballs Macaroni & Cheese Buttered Carrots Fresh Apple Slices Sliced Pears Pumpkin Cookie</p>				

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